



Gnostic Sexology

Gnostic Sexology is the study and the practice of balancing and harmonising energies in the body, namely the sexual energy which is the most potent energy that is formed within the human being. With special breathing techniques, pranayama, mantram, imagination and will power we can clear channels for the correct flow of creative or sexual energies inside the body.

Inside the subtle energetic body or etheric body of the human being, there are a total of 72,000 channels, termed in the East "nadis". These nadis are for the flow of prana or life forces that give vitality to our physical body. Just as the physical body has veins and arteries the etheric body also has its "veins" called nadis (channels).

The two most important channels or "nadis" are called Ida and Pingala. They travel along side the spinal column (Sushumna nadi) forming a figure "8". These channels are for the flow of prana or "Qi" known as Chi in Chinese or "Ki" in Japanese. The ancient Chinese sages knew of the power of Qi and the importance of its control and correct flow through the vital body. The Taoists speak of the importance of conserving and improving the quality of Qi, so as to lengthen ones life and to balance cosmic forces within. In yoga the highest form of prana is called Virya, it is the life force that gives the sparkle in our eyes, the glow in our face and a healthy vital physical body.

Everything we eat, drink, think, feel, see and speak effects quality of prana in our body and then this in turn feeds the blood which in forms the quality of Virya (sexual energy) produced by the testes and ovaries. The sexual energy is the finest form of energy that is created in the marvellous laboratory of the body. The wise clairvoyant ancients called this Prana, Virya or Qi; but really these are different names for what today we call sexual force or libido that contains an abundant amount of life forces.

It is interesting that these two etheric channels for the flow of prana start from the region of the sexual glands, then along the spine to the base of the cerebrum, then a finer nadi transmits the sexual energy to the top of the head, then to the point between the eyes and finally to the heart where the sublimated energy is then distributed throughout the whole body and furthermore is transmuted into etheric and astral forces. Note that the sublimated energy travels along a very important path in the body, closely connected to the location of the chakras and in doing so puts them into activity.

The process of working with this energy and its correct circulation inside the body, forms the basis of what is known as the "Initiation into the Mysteries". These latent energies when used in the right way have the power to activate the consciousness and inner spiritual senses, opening the doors to the perception of the higher worlds, which are normally closed to the uninitiated.

In the past only the initiated few knew that we have special channels for the flow of Prana to awaken consciousness. The reason for these secrets was that these channels relate with the sexual glands of secretion and humanity in general was not ready for such information. The Greek and Roman Initiates used the Caduceus of Mercury to secretly symbolise these etheric channels for the flow of sexual life forces that are necessary to activate the chakras.

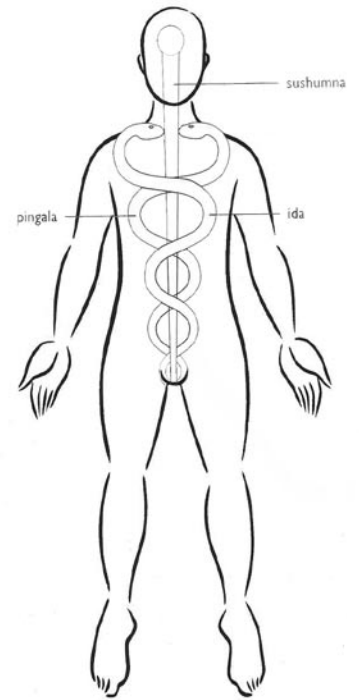
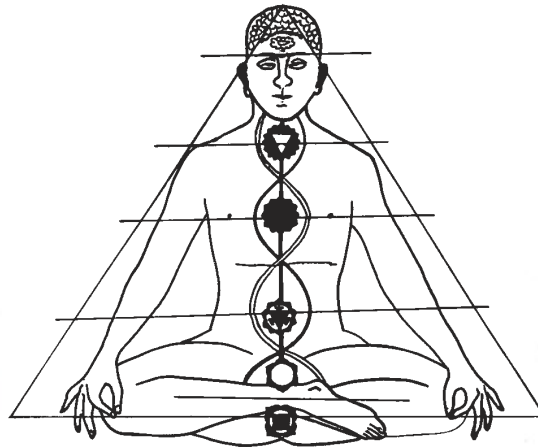
In yoga a Urdhvareta Yogi is one in whom the sexual energy is not lost from the body but flows upwards to the brain and revitalises the whole body. The Dalai Lama also mentions that some high Lamas and Monks practice sexual union with a consort as a means of liberation by transforming desire into spiritual awakening. He also writes that this is the highest form of Tantra or Sexual Yoga (Union) to attain enlightenment. Many high Yogis and Lamas practice sexual yoga with a consort without losing the sexual energy, that is without orgasm but with divine ecstasy to awaken the energy known as Kundalini. Kundalini is the sacred fire, the divine healing serpent of all the mysteries, the symbol of wisdom and the divine mother Isis, Sophia, Mary or Demeter. This is the force latent within the human being that is needed for our liberation.

The Venerable Master Samael Aun Weor, who through his own work and experience, unveiled and made public the secrets that have been long guarded by a select few. Gradually humanity is being instructed on the correct use of sexual energy and its sublimation into higher forces. This energy has the power to create, to re-generate, to re-new. Depending on how we use this energy it will effect our psyche and physical body. This energy has a transforming effect on our psyche, body and mind.

"The Doctrine of the Synthesis can harm no one, because it is the synthesis of all. We invite the devotees of all cults, schools and beliefs to make a comparative study of religions. We invite the students of all the diverse systems of intimate self-education to study the sexual esotericism of all the secret Mystery Schools. We invite all yogis to study Sexual Yoga and the White Tantrism of India, without which no yogi is able to attain absolute liberation".

~ Samael Aun Weor

Examples of Ida and Pingala and the Caduceus of Mercury



The Caduceus of Mercury. The staff is the spinal column and the two serpents symbolise the two channels or nadis called in the East Ida and Pingala.



Alchemical depiction of these two latent forces within the human being.



From an Aztec Codex, depicting the warrior or initiate being nourished by the two serpents, symbolising the two secret forces within oneself.



Tibetan depiction of the sexual union of the masculine and feminine principles; ying and yang, ida and pingala, sun and moon, fire and water. This is also known as sexual yoga or white tantra.



The Western version of white tantra, symbolised in the alchemical union of the male and female to create the soul in the Hermetic vessel (transmuted sexual energy).